



SPA THERAPY MENU

*Holistic, natural healing therapies for your body, mind and spirit.
Pamper yourself with a luxurious treatment. Relax and unwind in these tranquil surroundings.*

MASSAGE 60, 90, 120 minutes / \$175, \$230, \$290

Relaxation, Aromatherapy, Deep tissue, Shiatsu pressure points, Lymphatic drainage, Pregnancy massage and/or a combination of these are available with 100% pure essential oils blended exclusively for you. This sacred and powerful art releases tension and deeply relaxes your mind and renews your spirit.

HOT STONE THERAPY 90 minutes / \$230

Heated basalt stones will help to warm and relax muscle tension, improve circulation without deep pressure and calm your nervous system for deep relaxation.

**Advanced notice required for preparation*

REFLEXOLOGY 60 minutes / \$175

The ancient wisdom of reflexology focuses on the reflex points of the feet, promoting balance of body function, releasing toxins from the body and re-energizing mind and spirit.

FOOT REVITALAIZATION 60 minutes / \$175

Time to put your feet up! Enjoy a detoxifying foot bath, foot scrub and hydrating mask, followed by foot and lower leg massage to relieve tired or swollen feet. Great after a long walk or journey!



FACIAL CARE

60 minutes / \$175

Try our Intensive Healing Facial with 100% Pure New Zealand Active Manuka Honey, world renowned for its powerful natural healing properties. It has achieved great results for many skin conditions such as dry, oily, sensitive, sun-damaged, congested, acne, eczema and others, leaving your skin radiant and soft.

OR

Enjoy our Deep Relaxing Facial with Organic Natural Blends and Deluxe Facial Massage. Natural yoghurt, kiwifruit, Matcha Green Tea and 100% pure essential oils are nourishing, refreshing and protect against harmful UV rays. Pressure point massage and lymphatic drainage both improve the circulation and deeply calm the mind.

**Advanced notice required for preparation*

BACK EXFOLIATION & WRAP

60 minutes / \$175

Treat your back with a deep cleansing back scrub, a warm wrap of detoxifying, hydrating mask and nourishing moisturizer, followed by a soothing back massage. Experience this wonderfully pleasant feeling.

HAIR & SCALP AROMATHERAPY TREATMENT

60 minutes / \$175

Includes a scalp, neck and shoulder massage. Your hair is rejuvenated with 100% pure essential oils. This treatment concludes with a rehydrating aromatic steam wrap.



PACKAGES

TWO TREATMENT COMBOS

Ultimate Bliss 90 minutes / \$265

Massage / Reflexology

Essential Harmony 120 minutes / \$320

Massage / your choice of Facial

Sense of Tranquility 150 minutes / \$375

Hot Stone Therapy / Hot Stone Manuka Honey Facial

THREE TREATMENT COMBOS

Embraced by Honey *On Honeymoon? Don't miss this one* 120 minutes / \$350

Manuka Honey Facial / Back Exfoliation & Honey Wrap /

Massage with Honey body butter

Out of reach? ... *Time to treat!* 150 minutes / \$405

Back Exfoliation & Wrap / Hair & Scalp Aromatherapy Treatment /

Foot Revitalization

The other half gone fishing? *A perfect way to spend the day* 180 minutes / \$460

Massage / Reflexology / your choice of Facial

ALL IN ONE DAY

Blanket Bay Hide Away 330 minutes / \$750

Foot Revitalization / Back Exfoliation & Wrap / Massage / Reflexology /

your choice of Facial / Hair & Scalp Aromatherapy Treatment

**only available during the winter season. Please ask for further information.*

* Combo's can be mixed and matched.

Yumi would be delighted to create a combo just for you.